



BUFFALO BEAT

June
2015

The volksmarching season has begun. The weather hasn't been very cooperative. It is hard to get excited about walking when it is raining or snow. Hope to see you all on the trail sometime this season; come rain or shine.

There were two great walks the last weekend of May.

- On May 30, Sundance Mt. had 318 participants. Thank you Diane and your volunteers for all the hard work you did to make this event such a success. Also a thank you to Allied Construction for your generous donation that help defer some of the costs incurred for this event.
- On May 31, Whitewood, had 107 participants. I felt my age after I finished this walk!

Crazy Horse Volksmarch is June 6 & 7. There will be no after action meeting this year due to the fact Diane is heading to Oregon for the convention right after the walk is done. To those who are responsible for the different sections (registration, specialties, start gate, finish tent, new walkers, etc.) please send a short report via e-mail to Diane so she can have them for her records.

Mary Jayne Jordan has agreed to be our delegate for this year's convention. She will provide a short report when she returns home from the convention.

All AVV clubs were asked to vote on the subject of AVV joining IVV Americas. This measure was defeated 143 to 51.

I replenished the account to make copies at UPS. Please let me know when it gets below 100 copies and I will buy more copies.

The Board decided to try advertising in the Black Hills to Go insert in the Thursday RC Journal to see if this will attract more walkers to our events.

Did you know you can walk yourself out of your bad mood? Studies show that even a 10 minutes' walk immediately BOOSTS brain chemistry to increase HAPPINESS.

Hope you all have a great summer.

Happy Trails!

Wanda